



ALL FAITHS SEMINARY INTERNATIONAL'S
10-month Dual NGH Hypnosis & NFNLP
Neuro-linguistic Programming Basic & Advanced Level
Certifications, called:

THE ART OF SPIRITUAL HYPNOSIS

Required Book List

1. The Mindful Way Workbook – An 8-Week Program to Free Yourself from Depression and Emotional Distress – John Teasdale, Mark Williams, Zindel Segal.
2. The Essentials of Hypnosis, Second Edition – Michael D. Yapko
3. Active Dreaming – Robert Moss
4. Loving What Is, Revised Edition – Byron Katie
5. The Tapping Solution, A Revolutionary System for Stress-Free Living, Nick Ortner

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