



# SCIENCE OF THE MIND

## What is Science of the Mind?

The simple answer to the question, can be found in Wikipedia. It says: “Science of Mind was established in 1927 by Ernest Holmes (1887–1960) and is a spiritual, philosophical and metaphysical religious movement within the New Thought movement. In general, the term "Science of Mind" applies to the teachings, while the term "Religious Science" applies to the organizations. However, adherents often use the terms interchangeably.

### **Ken Davis on Science of the Mind**

In his book, *The Science of Mind*, Ernest Holmes stated "Religious Science is a correlation of laws of science, opinions of philosophy, and revelations of religion applied to human needs and the aspirations of man." He also stated that Religious Science/Science of Mind (RS/SOM) is not based on any "authority" of established beliefs, but rather on "what it can accomplish" for the people who practice it.” This last statement is a very important one. Science of Mind is, above all else, a practice that is designed to produce tangible results in the lives of its adherents.

The mind of God is always of the Good. Your life results, flow from your mind aligned or misaligned with this Good. This requires learning new ways of thinking. This is why Science of Mind organizations see themselves as “Centers” of learning. The phenomenon called “The Secret” and ideas like the Law of Attraction from the teachings of Abraham / Hicks, find an enthusiastic audience in these Centers. When I explain Religious Science to Christians, I tell them that in Science of Mind, the focus is not on the meaning of the person of Jesus but what he taught. As you may know there is a broad range of religious practices that teach the same or similar teaching to Jesus. Because of this, if you attend one of these “Centers”, you may be exposed to teachings from a number of mystical traditions such Kabbala or even Native American Spiritual traditions.

On your visit, you may hear speakers from eastern traditions such as Hinduism or Buddhism. These eastern religions, while not identical to SOM help provide insight into an interior or mental world that has such significant effect on the events in your life, according to SOM. These “Centers” often support a Course In Miracles community.

The SOM participants that take up A Course In Miracles are already acquainted with the importance of the mind as far as one’s life experience For ACIM students with this background, I explain to them that there are two main differences between ACIM and SOM. 1. SOM is about WHAT you are thinking and ACIM is about your attitude or THE WAY you think about things. 2. In SOM, the world is real but in ACIM (as in other eastern religions) the world is no real. In SOM, your word and thought have the power of law in the universe, in so far as it is aligned with the Good (the mind of God). The pearl of SOM is this practice called Spiritual Mind Treatment or Affirmative Prayer, which is a response to this understanding. It is a prayer to entreat results in a real world. After stating your purpose, there are five steps (See your handouts): 1. Recognition 2 Unification 3. Realization 4. Thanksgiving 5. Release Even if you are not a SOM practitioner you may find this format useful for creating a beautiful and progressive prayer for any occasion.

### **All Faiths Seminary International**

**Main Office**  
Manhasset, NY 11030

**(Bursar Office)**  
PO Box 266  
Lebanon, TN 37088

**Phone:** 212-866-3795  
**E-mail:** [infoallfaithsseminary.org@gmail.com](mailto:infoallfaithsseminary.org@gmail.com)  
**Website:** [www.allfaithsseminary.org](http://www.allfaithsseminary.org)