



SIKHISM

What is Sikhism?

Sikh simply means “*seeker of truth.*” Sikh Dharma is a spiritual path for those who are looking to establish an enduring connection to their Divine truth within. Like all spiritual traditions, Sikh Dharma has its lineage and legacy, guidelines and philosophies, its Masters, its saints and history. But primarily, Sikh Dharma offers a down-to-earth spiritual path for every-day people. It doesn't matter what your spiritual orientation is. Or what culture or background you belong to. Any person can do these practices to help them experience their own Divinity and Infinity. Sikhs strive to train the mind and the senses to recognize the Divine Light within oneself and within all of creation and to be of service to others.

A Sikh lives a normal life. Single or married. With children or without. In work life and in social life, as Sikhs we strive to:

- Keep connected to the Divine in our heart with every breath
- Earn our living honestly and to share what we earn with others
- View the interactions of daily life as opportunities to serve

Dr. Kirpal Singh & Jasbir Singh Bhatia on Sikhism (Part 1) <https://youtu.be/9Xk9v-qwSTc>

Dr. Singh introduces himself with some funny stories and first answers some basic questions about who the Sikhs are, presenting a slide show which includes a brief "quiz" to help set right some popular misconceptions about them. He continues his discussion, answering some questions along the way, and stops this first part of his presentation right before the video which follows on the life of Guru Nanak.

Dr. Kirpal Singh & Singh Bhatia on Sikhism on Sikhism (Part 2) PLUS Video of Guru Nanak

Before Kirpal Singh & Jasbir Singh Bhatia continued their talk on Sikhism, they showed a video in class on the life of Guru Nanak, the founder of the Sikh Religion. Unfortunately our mic was unmuted while the video played, and some of the sound was distorted on the recording.

PLEASE WATCH the video at this link FIRST: <https://youtu.be/yBziYEHToPM>

Main Office
Manhasset, NY 11030

All Faiths Seminary International
(Bursar Office)
PO Box 266
Lebanon, TN 37088

Phone: 212-866-3795
E-mail: infoallfaithsseminary.org@gmail.com
Website: www.allfaithsseminary.org