



What is Sufism?

Sufism is less a sect Islam than a mystical way of approaching the Islamic faith. It has been defined as "mystical Islamic belief and practice in which Muslims seek to find the truth of divine love and knowledge through direct personal experience of God."

Kainat Sharifa & Muinuddin on the Sufi Path Part 1 - https://youtu.be/Cwhb-1-DHosKainat Sharifa (Felicia Norton) and her husband, Muinuddin (Charles Smith) of the The Light of Guidance Center which is the NYC Center of the Sufi Order International, founded by Hazrat Inayat Khan, who brought the universal teachings of Sufism to the West in 1910. Their own teacher was Pir Vilayat Inayat Kahn who was the head of their lineage until his passing in 2005. They took turns in explaining their path as one of inclusion, interfaith, and universality.

Kainat Sharifa & Muinuddin on the Sufi Path Part 2: Q & A - https://youtu.be/BKeBkxcUNL4

Imam Ahmed Ibrahim (Tarell Williams aka. Tarell Rogers) The Sufi Path -

https://youtu.be/SbZC2nS6VmE

Imam Ahmed Ibrahim is an engaging and personable speaker in the literal sense of the word–not only did he share personal stories of how he came to the mystical Sufi path from his origins with a more traditional Islamic background, he also engaged us in practical exercises with which we could feel the healing power of the chants themselves. His humor and insight had the whole class involved and at ease, as he helped us understand the ways in which these different approaches to Islam and the Quran (or Koran) vary from one another as well how they still stem from the same original tradition.

Imam Ahmed Ibrahim The Sufi Path Part 2 – https://youtu.be/rSORFi7WCXo