



MYSTICISM

What is Mysticism?

Mysticism is popularly known as becoming one with God or the Absolute, but may refer to any kind of ecstasy or altered state of consciousness which is given a religious or spiritual meaning. It may also refer to the attainment of insight in ultimate or hidden truths, and to human transformation supported by various practices and experiences.

Jon Mundy on Mysticism, PART 1 - <https://youtu.be/YrhwlPMYAtM>

Rev. Dr. Jon Mundy taught about mysticism and mystical experience—what it is, who is a mystic, and how it figures into religious and spiritual traditions around the world, and throughout history, as well as our own personal mystical experience and that of others in the present.

Jon Mundy on Mysticism, PART 2 - <https://youtu.be/fv44nc5dAMQ>

Jon continued his talk and his PowerPoint presentation on mysticism, and also shared some of his own experiences, invited questions and answers, and included the sharing of personal experiences from students and faculty.

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